

CONNER CREEK ACADEMY EAST

LUNCH MENU

As the new school year ramps up, even on the busiest days, remember to make time for breakfast. Help your children start their day off right and get into the habit of fueling up in the morning!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome Back!!!</p>	<p>3 Turkey Sausage Maple Waffle Hash Brown Potatoes Fresh Fruit Milk*</p>	<p>4 Chicken Parmesan Sandwich on a Whole Wheat Bun Seasoned Carrots Diced Peaches Milk*</p>	<p>5 Soft Shell Taco w/ Beef, Cheese, Lettuce & Tomato Black Beans Fresh Fruit Milk*</p>	<p>6 Cheese or Pepperoni Pizza Salad w/Spinach & Ranch Croutons Mixed Fruit Milk*</p>
<p>9 Meaty Lasagna Breadstick Broccoli Florets Mandarin Oranges Milk*</p>	<p>10 Chicken Fajitas w/Cheese, Lettuce & Tomato Flour Tortillas Pinto Beans Fresh Fruit Milk*</p>	<p>11 Cheeseburger on a Whole Wheat Bun w/Lettuce & Tomato Mixed Vegetables Diced Pears Milk*</p>	<p>12 Oven Baked BBQ Chicken Whole Wheat Roll Mashed Potatoes Mixed Fruit Milk*</p>	<p>13 Cheese or Pepperoni Pizza Baby Carrots & Ranch Fresh Fruit Milk*</p>
<p>16 Mini Turkey Corn Dogs Baked Beans Pineapple Tidbits Milk*</p>	<p>17 Southwestern Chili Breadstick Potato Wedges Fresh Fruit Milk*</p>	<p>18 Chicken Tenders Mac & Cheese Cucumber Disks Diced Peaches Milk*</p>	<p>19 Mama's Meatball Sub on a Whole Wheat Sub Bun Sweet Potato Tots Fresh Fruit Milk*</p>	<p>20 Cheese or Pepperoni Pizza Broccoli Florets Fresh Fruit Milk*</p>
<p>23 Sloppy Joe on a Whole Wheat Bun Seasoned Corn Fresh Fruit Milk*</p>	<p>24 Chicken Fried Rice w/Brown Rice Oriental Vegetables Pineapple Tidbits Milk*</p>	<p>25 Beefy Noodle Bake Breadstick Broccoli Florets Mandarin Oranges Milk*</p>	<p>26 Nachos w/ Meat, Cheese, Corn Chips & Lettuce Black Bean & Corn Salsa Fresh Fruit Milk*</p>	<p>27 Cheese or Pepperoni Pizza Baby Carrots & Ranch Fresh Fruit Milk*</p>
<p>30 Turkey Meatloaf Whole Wheat Roll Green Beans Diced Peaches Milk*</p>			<p>* 1% Unflavored or Skim Chocolate Available condiments may include: Ketchup, Mustard, Mayonnaise, Barbeque Sauce, Soy Sauce, Salsa, Ranch Dressing</p>	

ALTERNATIVE LUNCHES

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<p>Cheese or Pepperoni Pizza Salad w/Spinach & Ranch Croutons Fruit Milk*</p>	<p>Nachos w/ Meat, Cheese Corn Chips & Lettuce Seasoned Corn Fruit Milk*</p>	<p>Mini Turkey Corn Dogs Baked Beans Fruit Milk*</p>	<p>Cheeseburger Whole Wheat Bun w/Lettuce & Tomato Carrots w/ Ranch Fruit Milk*</p>	<p>Chicken Tenders Whole Wheat Roll Potato Wedges Fruit Milk*</p>